



# *Boulangerie*

BON MATIN

*Welcome to Boulangerie Bon Matin.*

*Please let your server know if you have any allergies or dietary requirements.*

*We hope you enjoy your visit. You can find us on Twitter, Facebook and Instagram. Review us on google reviews!*

*Interested in catering? Please ask your server for a catering menu, or send a message through our website below.*

 [www.boulangeriebonmatin.co.uk](http://www.boulangeriebonmatin.co.uk)

 @boulangeriebonmatin

 Boulangerie Bon Matin

 @B\_Bonmatin

## **Kitchen Opening Times**

7 am - 2.30 pm Monday to Friday

7 am - 3.30 pm Saturday & Sunday

# Boulangerie

## BON MATIN

<b>Cholesterol Busting Oatbran Pancake</b> with Greek Yogurt, fresh berries and maple syrup	<b>£7.10</b>
<b>Granola with Greek Yogurt</b> and Seasonal Fruit	<b>£6.10</b>
<b>Free Range Eggs</b> scrambled, poached or fried on rye toast	<b>£6.10</b>
<b>Avocado Smash with Red Chilli and Chia Seeds</b> on toasted rye bread and two free range poached eggs (Go Vegan with no Eggs! £6.80)	<b>£7.70</b>
<b>Veggie BBM Breakfast</b> Free Range Eggs any style, with vegetarian sausage, grilled tomato, mushrooms and rosemary baby potatoes on rye toast with baked beans. (Go Vegan with no eggs! £6.70)	<b>£7.60</b>
<b>Cinnamon French Toast</b> Homemade brioche with fruit, Crème fraîche & maple syrup	<b>£7.60</b>
<b>Eggs Royale</b> Two poached eggs on a toasted English muffin, with homemade hollandaise sauce & smoked salmon	<b>£7.70</b>
<b>Eggs Florentine</b> Two poached eggs on a toasted English muffin with homemade hollandaise sauce, sautéed mushrooms & garlic spinach	<b>£7.30</b>
<b>Mediterranean Eggs</b> Two poached eggs with avocado, in a bowl of garlic Greek Yogurt, drizzled with spiced butter & served with rye toast	<b>£7.30</b>
<b>Oat Porridge</b> with mixed berry compote, maple syrup, cinnamon and toasted walnuts (Go Vegan! Choice of Soya, Oat & Almond Milk for £6.50)	<b>£6.10</b>
<b>Smoked Salmon and Scrambled Eggs</b> on rye toast	<b>£7.70</b>

### Extras

Smoked Salmon +£2.50; Bread/Toast +£1; Egg +£1; Spinach +£1; Ginger +£0.50; Yogurt +£0.50  
Veggie Sausage +£1; Cheese +£1; Honey +£0.30; Mushroom +£0.50; Baked Beans +£1;  
Sliced Avocado +£1.50; Hollandaise +£1; Tomato +£0.50 Maple Syrup +£0.30

### Fresh, Handcrafted Baked Goods

\*Selection of delicious cakes also on display

Croissant / Brioche	£2.60
Pain Au Chocolat / Almond Croissant	£2.80
Selection of Butter Danish	£2.80
Homemade toast with butter and jam	£2.60

# Boulangerie

## BON MATIN

### Soup of the Day

Please ask your server for details

### Quiche of the Day

Served with green leaf salad

### Sweet Crêpes

#### La Miel

Lemon Juice with honey or sugar

#### French Crêpe

Fresh strawberries, banana, maple syrup & Greek Yogurt

### Savoury Crêpes

\*Made with Buckwheat Flour

#### La Ratatouille

Ratatouille with cheddar cheese & a fried egg

#### La Popeye

Spinach with cheese and Béchamel Sauce

£6.10

£6.80

£7.90

£7.90

£7.90

£7.90

### Sandwiches

#### Tuscan Club Ciabatta

Sundried & fresh tomato, mozzarella, olive paste, red pepper & parsley oil with rocket

£6.50

#### Mediterranean Ciabatta

Roasted aubergine, tomato, courgette, caramelised red onion, red pepper, hummus & halloumi

£6.50

#### Chicken Tarragon Ciabatta

Poached chicken, fresh tomatoes, caramelised red onion, emmental cheese, parsley oil & basil mayonnaise

£6.50

#### Ratatouille Tartine

Homemade ratatouille, with melted cheddar cheese on rye bread

£6.90

## *Salades Du Bassin Méditerranéen*

1 Main & 2 Salads £12.60

3 Salads £9.90

1 Main & 3 Salads £14.90

4 Salads £13.20

### *Main*

### *Seared, marinated Salmon*

### *Homemade Quiche of the Day*

### *Vegan Salads*

1) Roasted cauliflower with flaked almonds, cherry tomatoes, ground cumin, cumin seeds, parsley & a garlic, lemon and olive oil dressing

2) Roasted aubergine with roasted peppers, mixed nuts & coriander

3) Roasted potato dressed with parsley oil & spring onions

4) Roasted butternut squash with chick peas, mixed nuts, coriander, coriander seeds, cumin seeds & balsamic dressing

5) Quinoa, kale, pomegranate, sultanas, pumpkin & sunflower seeds with a lemon & maple syrup dressing

6) Char-grilled broccoli with garlic & chilli

# Boulangerie

BON MATIN

## Hot Drinks

*\* Soya, Almond & Oat Milk are available on request for +40 p.*

**Pot of BBM own blend loose leaf tea** £3.20

\*English Breakfast, Earl Grey, Fennel & Liquorice, Chamomile, Peppermint,  
Apple & Blueberry, Kuchi Cha Japanese Green Tea

**Hot Water with Lemon** £1.00

### Coffee

*\*Our coffee is hand roasted in London by independent roaster, Exmouth Coffee*

Single Espresso / Macchiato £2.00

Double Espresso / Macchiato £2.30

Cappuccino / Café Latte / Flat White £2.90

Café Mocha / Hot Chocolate £3.10

Black Coffee/ Americano £2.70

Extra Shot £0.50

Syrup Shot *Vanilla or Caramel* £0.30

## Specialty Drinks

Babyccino £0.50

Beetroot Latte £2.90

Chai Latte £2.90

Matcha Latte £2.90

Nitro Cold Brew £2.90

Vietnamese Coffee £3.40

Affogato £3.20

## Cold Drinks

Fresh orange or apple juice £3.80

Citron Pressé *Still or Sparkling* £3.40

Ginger Beer £3.50

Coca Cola or Diet Coke £1.80

Mineral Water *Still or Sparkling* £1.80

Iced Latté £3.10

Iced Americano £2.90

## Vegan Smoothies

Orange, Banana, Strawberry £3.70

Apple, Blueberry, Raspberry, Banana, Muesli £3.70

Acai, Blueberry, Raspberry, Banana & Almond Milk £3.70

Matcha, Mango, Banana, & Almond Milk £3.70

Kale, Mango, Apple & Mint with Chia Seeds £3.70